



COSARAF Foundation Impact Report

May 2020



Our Focus



COSARAF’s vision is a world where all people have the opportunity to thrive.
The Foundation creates opportunities for individuals and communities to do extraordinary things by:

THEMES

Promoting strong and cohesive communities

Enabling young people to realise potential

Empowering women and girls



Resulting in outcomes for:

OUTCOMES

End Beneficiaries

Facilitators

Wider Society

Our Theory of Change

COSARAF's vision is a world where all people have the opportunity to thrive.

The Foundation creates opportunities for individuals and communities to do extraordinary things by:

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Enabling young people to realise potential

Empowering women and girls

Major Partnerships

Direct Delivery

Hardship

Ramadan

Maintain efficiency & effectiveness

Family members involved

Beneficiaries engaged

Facilitators engaged

End Beneficiaries

- Relief/ engagement
- Attitudinal change: self-belief/ confidence/ character
- Behavioural change: Test scores/ new skills
- Sustained change: EET/ business established

Facilitators

- Coaches, Teachers, Mentors, etc
- Trained/ Supported
 - Skills developed

Wider Society

- Organisational outcomes
- Changed approaches in centres/ communities
- Wider Ripple effects

Opportunity to thrive

THEMES PURPOSE

INPUTS

OUTPUTS

OUTCOMES

IMPACT



Broad Reach: Our Portfolio in 2019

Promoting strong and cohesive communities

Enabling young people to realise potential

Empowering women and girls

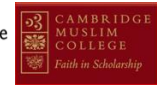
Overseas



The Shamakha Foundation



UK



Ramadan Fund



The Shamakha Foundation



Hatcliffe Extension Charitable Trust

COSARAF's Global Reach



**What difference has been
made in 2019?**

Impact Summary

58,245
people benefitted
from COSARAF-funded
projects



14,204
received
immediate
relief

17,890
experienced
a positive
change in
behaviour

855
evidence of
transformed
sustained
outcomes

672
facilitators
trained or
supported,
now able to
support more
people

Ripple Effects

- Schools changed approaches in Kenya
- Prince's Trust new initiative
- Greater integration of refugees in Hertfordshire
- Inter-faith sports engagement for women
- Raised aspiration and opportunities for children

Enabling Young People to Realise Potential

85 school children
attending bespoke
university open days

2,472
children engaged
through sport in
Kenya in 8 schools

70 young people
supported into
Enterprise
programme, 89%
now in EET

4,185
young people
supported

49
children attending
Fahmida Begum
Primary School

5 University
scholarships
supported

367
young people
visiting bespoke
open days at
Cambridge
University

135
young people
supported in a new
centre in India

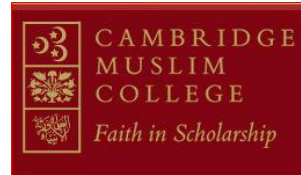
480 students in literacy
programme and 295 students
attending workshops through
The Noor Project

Scholarship Programme

Five university scholarships provided to enable BAME students to attend top institutions



St Anne's College
University of Oxford



DOWNING COLLEGE CAMBRIDGE



"The course has enabled me to gain new skills and competences essential for me to create the maximum impact in my role as an education leader with the Muslim community.

Without COSARAF's financial assistance and mentorship, my dream to complete the MA in Islamic Education would not have been possible."

Hafsa Zadrán, MA in Islamic Education, The University of Warwick

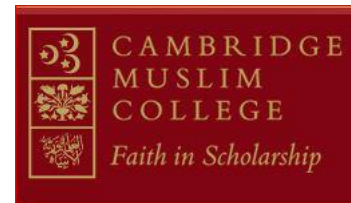
"We are coming to the end of our pilot programme funded from the COSARAF Foundation. The funded scholar has excelled and he is providing input into our current review of the programme so that we can learn from our best practices in the next iteration of the course."

Henrietta Egerton, Operatives officer, Cambridge Muslim College



"During the current crisis the support from COSARAF has been vital in ensuring I can confidently pursue my academic study, without financial pressure. Studying for finals during this time is challenging, but with the support of COSARAF I feel like I have the time and comfort to do so".

Minahil Mujahid, St. Anne's College, Oxford



St Anne's College
University of Oxford

Enabling young people to realise potential

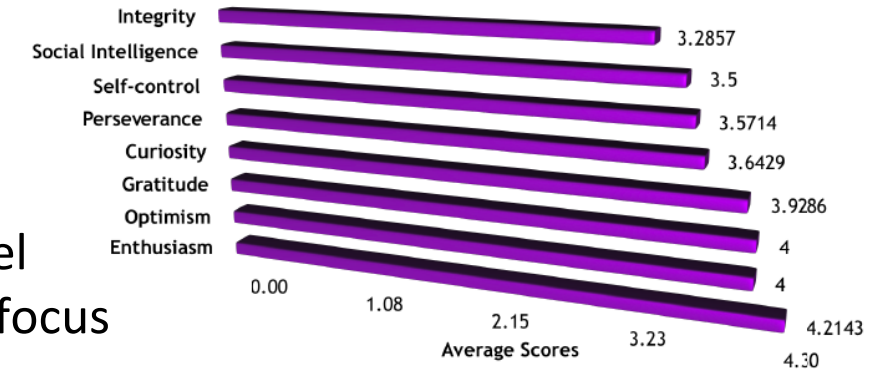
Partnerships: A Spotlight on . .



Delivering character development through cricket in 8 schools

Children

- 2,472 young people engaged, with longer term development with 200
- Increased cognitive skills (esp. working individually & in a team) & development of their 7 character traits:
- In terms of cricket skills, girls & boys have gone on to international level
- Increased educational attainment, concentration, social interaction & focus



Coaches, teachers and schools

- Life skills lessons were introduced into the curriculum of Kenya schools a couple of years ago, but no training/guidance given. This programme now fills this gap.
- 86% of coaches thought programme had changed the way the schools thought about education & their provision
- All coaches agreed programme had made a significant difference to their personal & career development

“Across the eight schools, head teachers report an improvement in behaviour, discipline, social interaction and an increased academic focus in the classroom as evidenced by improved KCPE results.”

“In so many ways, COSARAF’s support has been a game changer and we are sincerely appreciative of your active interest in our small but special programme.” Simon, EACDT

**Enabling young people to
realise potential**

Partnerships: A Spotlight on . .



Prince's Trust



Prince's Enterprise programme

- 70 young people in programme, 53 businesses launched & EET outcome.
- 89% now in Employment, education or Training (up from 87% 6 months ago)

Mosaic secondary school programme

- 367 young people supported over the last four years, 92 in 2019
- 75% demonstrate increased confidence, self-efficacy, employability

Influencing Prince's Trust as a whole:

'We have been inspired by the next generation of the Sheikh family being involved in the relationship with Prince's Trust, and have therefore devised a next generation initiative for wider Prince's Trust supporters.'

**Enabling young people to
realise potential**

Promoting strong & cohesive communities

67 isolated elderly people connected

86 Syrian refugee families befriended by **66** local residents

14,031 individuals provided with clinical support for mental health in Pakistan, with **23,420** attending awareness sessions

86 supported through Hardship Funds

54,038
supported in communities around the world

12,640 food parcels in Ramadan 2019

Enterprise for Change has reached more than **600** young people with access to further education, as a direct result of COSARAF funding

Partnerships: A Spotlight on . . .



Growing more food in Malawi

Plan International is implementing a programme to increase agricultural growth and tackle malnutrition in Malawi following recent reports that more than 40% of children in the country under the age of five experience stunted growth due to poor diet.

27,000 Malawian farmers will be trained in climate-smart farming practices to diversify and increase their production, productivity and incomes.

“Most of our people are living in poverty because they depend solely on maize production but unfortunately the rain has been erratic and the land is not as fertile as it used to be, nowadays we have to apply fertilizer twice before we can harvest our crops.”

“Through the Farmer Field School, we have been taught to practice integrated home gardening by growing a diversity of crops including maize, groundnuts, sweet potatoes, cassava, soy, cowpeas and vegetables. So I don’t rely on Nsima (maize meal) as a staple food anymore, I can feed my family a variety of nutritious food.”

James, a farmer taking part in the programme.



“For these students, a daily meal at school means they are getting adequate nutrition due to the soy and maize blend but it also means that there is also an increase in class enrolment, especially here in Kasungu, as it is a strong incentive to come to school each day.”

Kasungu Health and Nutrition Coordinator on the implementation of school feeding programmes.

Promoting strong and cohesive communities

A Spotlight on...



“The Befriender network has benefited both volunteers, who have learnt from the courage and resilience of their partners, and refugees, who have had the opportunity to practice English, to learn more about English culture and their new communities and to make.”

F was delighted when she was offered 1-1 English practice while her older children were in school.

She is in regular contact with teachers and parents at the primary school where the older children go so her listening and speaking skills are really improving.

However, reading more formal English such as in letters from school are the next challenge!

N is skilled shoemaker, originally from Aleppo. HWR helped him find employment making medical footwear. He had trouble reading instructions at work, so a volunteer gave him lessons.

His journey to work takes two hours by public transport, so he is very keen to pass his driving test. The theory test has to be taken in English, so volunteers supported him over this major obstacle.

As a result, he passed, and will soon be able to drive to work.

Promoting strong and cohesive communities

Ramadan Funds 2019

12,640 food parcels distributed
in Pakistan, Kenya, Zimbabwe, Bangladesh, Kashmir & India

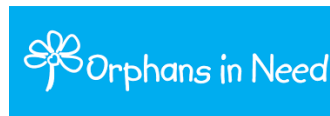
Plus:

- Dates distributed to Syrian refugees in Hertfordshire
- Water station built in Gaza, Palestine
- Donation to UK Ramadan Appeal for school in Bagh, Pakistan

700
food parcels distributed in Karachi as
well as Iftar events

Special permission to deliver
food parcels along control line
in Kashmir

280
Food parcels distributed to
families in Zimbabwe



The Shamakha
Foundation

Hatcliffe Extension
Charitable Trust

Hardship Funds 2019

57 Hardship Grants, with 12 students and 45 others, with a new partnership approach:



In addition:



5 Downing College, Cambridge grants



7 hardship grants to date to support homeless young women



17 local families in crisis supported in Hertfordshire

Empowering Girls & Young Women

12 young women directly supported through Contact Hostel

100 young women educated about health and HIV in Kenya

204 young women supported so far

2 students supported through African Science Academy to secure top university places

40 women from different faiths playing football in Birmingham

50 students attending Deaf Reach school in Pakistan, with ALL reporting increased literacy and passing annual exams.

The difference made . .



Neha, age 10, is deaf and lives in Shahbaz Colony in Tando Allahyar Town in Sindh, Pakistan. She has two younger sisters, both of whom are hearing.

When Neha learned that her family could not afford to send her to school, she insisted that they buy her a clipboard. Neha would then borrow paper from her cousin, put it on her clipboard, and copy words from the newspapers and magazines.

Since Neha joined Deaf Reach School, she is able to sign but can also read - both in English and Urdu. Every day after school, Neha buys the newspaper from the corner store and signs the headlines to her mother. Her mother particularly enjoys such moments with Neha, and is especially proud of her since she and her husband are both illiterate.

When asked what she wanted to become after graduating from school, Neha said she wanted to become a Doctor for the police department.

**Empowering women and
girls**

The difference made . .



“After high school, I desperately wanted to go to university but my parents weren’t able to afford the fees. I applied to ASA because I have always been passionate about Maths and Science.

Thanks to the scholarship, I was able to attend ASA where I learned more about myself, my country, and Africa. At ASA, I built my confidence & achieved A Levels in Maths, Physics and Further Maths.

I am now studying Electrical and Electronic Engineering at Ashesi University in Ghana.” - Shedika



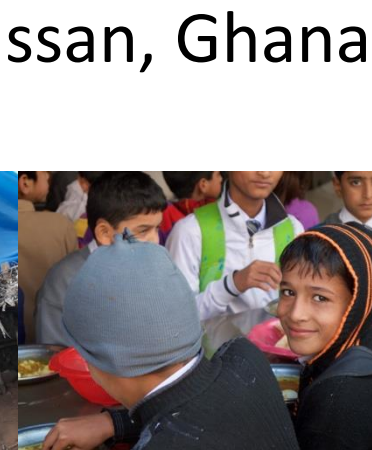
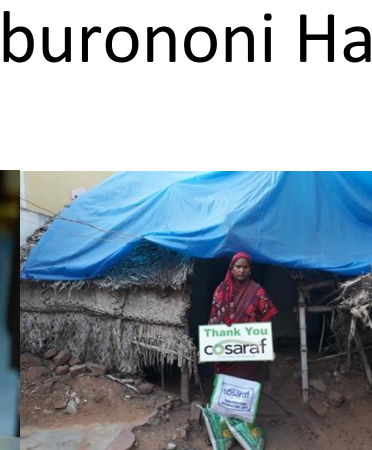
“I am currently an Electronics and Electrical engineering student at the University of Edinburgh. I don’t think I would be where I am today without COSARAF Foundation’s support to help me study at the African Science Academy (ASA).

All the knowledge and experiences I gained were all due to the COSARAF Foundation. I was able to attend ASA because of their support, and ASA helped made me who I am today and helped me reach where I am.

I thank Allah for bringing COSARAF Foundation to me.” - Seiba

Empowering women and girls





“I have always wanted to be an engineer. Now, thanks to COSARAF Foundation, I am on my way to becoming one.”

Shedika Baburononi Hassan, Ghana